

OCCUPATIONAL MEDICINE

A PRACTICAL APPROACH TO EMPLOYEE MEDICAL COSTS



TAKING CARE OF BUSINESS

TAKING CARE OF BUSINESS AT ST. JOHN'S RIVERSIDE HOSPITAL

AN INNOVATIVE APPROACH

St. John's Riverside Hospital is able to coordinate its wide range of professional services and resources to meet the health and safety needs of business and industry in Westchester County and surrounding areas. Our innovative Occupational Medicine program is designed to reduce both the direct and indirect costs of employee medical care, including absenteeism and lowered productivity.



We can do this by working together to prevent illness and by treating health problems that do arise efficiently and cost effectively. We will work with you to identify specific problems and tailor our services to meet your company's individual needs in an effort to effect practical solutions and results.

Service For Business

Companies of any kind such as: manufacturing, service, utility, police, fire, retail, wholesale and construction can benefit from our comprehensive health strategy. The program is geared to all levels of employees -- both men and women, blue and white collar workers. All will be arranged conveniently around your schedule.

Among the services we offer to businesses are:

- Pre-Employment Screenings | Fitness for Duty Exams
- DOT Physicals | Physician Referrals
- Urine Drug Screenings | Respiratory Evaluations
- Breathalyzers Mask Fit Testing
- Exposure Control Plan | On-site Flu Vaccine Program
- Vision Screening | Hepatitis Vaccinations
- Hearing Testing | Annual Physical Exams

We are prepared to meet almost all of your health and safety needs. If for some reason we cannot, we will refer you to someone who can.

TAKING CARE OF BUSINESS AT ST. JOHN'S RIVERSIDE HOSPITAL

COST REDUCTION

At St. John's, we recognize the tremendous impact employee medical costs have on corporate profits. We are committed to doing everything possible to keep those costs down. Through on-site screenings for example, we may pinpoint a potential problem that otherwise might have resulted in lengthy treatment and hospitalization.

On-the-job injuries are treated promptly with routine charges kept to a minimum. We will let you know your employee's condition and perhaps, most importantly to you, how long he or she is expected to be away from work. This will assist you in scheduling production work and avoid unnecessary lost worktime.

We strongly believe that together, we can make a difference. Our comprehensive Occupational Medicine Program can help:

- Lower Health Insurance Costs
- Reduce Worker's Compensation Costs
- Decrease Work Site Injuries
- Lower Absenteesim
- Increase Productivity
- Demonstrate Concern for Employees
- Improve Staff Morale

Here's How It Works, simply call us at (914) 964-4528 to discuss the right prescription for your corporate health. Our knowledgeable staff will answer your questions and provide the information you need to get started on a campaign to beat the high cost of medical care. Call us. We're confident you will feel better about your corporate health.

TAKING CARE OF BUSINESS AT ST. JOHN'S RIVERSIDE HOSPITAL

PRE-PLACEMENT SCREENINGS

Hire with Confidence that New Employees are “Physically” Qualified for the Job. Our Pre-Placement Screenings detect medical conditions that may affect job performance and help you place workers in appropriate positions. These screenings also serve as a useful baseline reference for future examinations as well as for a later illness or injury. Pre-Placement Screenings can help you avoid potentially serious medical problems and costs.

Components:

- Complete Personal and Occupational Health History
- Detailed Physical Examination
- Lab Tests and other Biometric Measurements (requirements vary by company policy, OSHA mandated regulations or exposures)
- Physician Consultation
- Written Report and/or Summary to Company
- Fax Report at Conclusion of Physical Examination (by request)

EMPLOYEE HEALTH SCREENINGS

Maintain A Healthy Work Force While Meeting Regulatory Responsibilities. Annual or periodic screenings can be custom designed to meet the individual needs of the company or individually designed depending on the worker's age, sex, occupational exposures, etc. Appropriate screening procedures will demonstrate compliance with OSHA and NIOSH regulations, as well as promote employee health.

Features:

- Medical/Occupational Health History
- Height and Weight Determination
- Blood Pressure Testing
- Vision Test/Hearing Test
- Lab Tests (based on needs) may include:
 - Diabetes Screen
 - Cholesterol Level
 - Urinalysis
 - Comprehensive Blood Chemistry
 - CBCD
- Written Report of Results to Employee
- Summary Report to Company
- Necessary Documentation and Record Keeping

DRUG TESTING

TAKING CARE OF BUSINESS AT ST. JOHN'S RIVERSIDE HOSPITAL

Drugs. To test or not to test. This is perhaps the most difficult question facing many businesses today. Some are required to do so by law. Many more have instituted drug testing in an effort to prevent drug use from adversely affecting the workplace. Illicit drug use threatens not only performance and productivity, but safety, security and ultimately company profits. Drug testing, is however, a sensitive issue that must be handled properly and effectively. St. John's Occupational Medicine Department provides a comprehensive drug testing program, under the direction of qualified and experienced professionals. Our program is based on established federal regulations and guidelines to promote the accuracy and security of drug screening both for the protection of the company and individual employee.

Our carefully designed drug testing and evaluation program includes:

- A certified Medical Review Officer (MRO). A licensed physician with a background in drug toxicology and pharmacology who reviews and interprets test results and monitors the entire program.
- Sample Collection
- Certified Chain of Custody
- Testing by certified National Institute of Drug Abuse (NIDA) and approved Health and Human Services (HHS) Laboratories
- Prompt Reporting
- Follow-up and referral in cases of positive results

Call St. John's Occupational Medicine Health Department if you are considering a drug screening program. We offer an extensive network of experienced professionals available to tailor a program to meet both your company's short and long-term needs.

TAKING CARE OF BUSINESS AT ST. JOHN'S RIVERSIDE HOSPITAL

PHYSICIAN REFERRAL

Selecting a doctor is an important decision. Many employees have difficulty finding a doctor because they are new to the area or need a particular specialist. You can depend on our Physician Referral Network. St. John's Medical Staff represents the full spectrum of medical and dental specialties. Appointments to the staff are made only after a thorough investigation of their qualifications, skill and integrity.

Call St. John's Physician Referral Line to find the right doctor for you, your family, employees and friends. Let us put our experience to work for you.

Allergy	Oncology
Cardiology	Ophthalmology
Dentistry	Oral & Maxillofacial Surgery
Dermatology	Orthopedics
Endocrinology	Otolaryngology
Family Practice	Otology
General Surgery	Pediatrics
Gastroenterology	Physical Medicine
Hematology	Plastic & Maxillofacial Surgery
Hyperbaric Oxygen Therapy	Podiatry
Internal Medicine	Psychiatry
Immunology	Pulmonary Medicine
Neonatology	Rheumatology
Nephrology	Sleep Medicine
Neurology	Thoracic & Cardiovascular Surgery
Neurosurgery	Urology
Obstetrics & Gynecology	Wound Care

Call 914-964-4DOC (4362) or email findadoc@riversidehealth.org for St. John's Physician Referral.

TAKING CARE OF BUSINESS AT ST. JOHN'S RIVERSIDE HOSPITAL

HEALTH PROMOTION

Our health education and wellness programs are designed to promote good health and prevent injuries by providing the information and motivation necessary for an overall healthier lifestyle.

Health Promotion Programs Can:

- Reduce Work-Site Injury Rates
- Moderate Health Insurance Costs
- Reduce Costs Associated with Worker's Compensation
- Reduce Absenteeism
- Demonstrate a Concern for Employees
- Improve Morale

Program Offerings:

- Blood Pressure Screening
- Smoking Cessation
- Back Management
- Health Education Seminars/Webinars
- Substance Abuse
- Outpatient Nutrition Services