

Pioneering the Future!

Exciting developments are underway at St. John's Riverside Hospital. We're thrilled to announce the groundbreaking of our new Emergency Department, which will double our capacity to serve patients in need. Additionally, our state-of-the-art Interventional Radiology suite now boasts the latest diagnostic equipment, complementing numerous improvements across all our facilities.

Our commitment extends beyond infrastructure. We're investing heavily in our teams and raising our quality standards from good to excellent, ensuring the highest level of care for our community.

Our unwavering focus remains on delivering a superior health experience for you, your loved ones, and our dedicated staff. This is not just our primary goal—it's our passion.

Together We Are Community Strong.

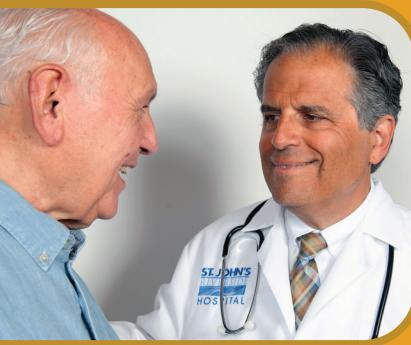

Ron Corti, CEO
St. John's Riverside Hospital



Link to Riverside Reflections Playlist to hear Kim O'maro, LCSW-R, CASAC-MC, Program Director of Greenburg Addiction Treatment Services & Vishal Mehta, DO, Director of Orthopedics at St. John's Medical Group

LEADING VASCULAR CARE AT ST. JOHN'S RIVERSIDE HOSPITAL

Dr. Gary Tannenbaum, Chief of Vascular Surgery and Wound Healing, highlights recent advances in vascular care at St. John's Riverside Hospital, offering less invasive treatment options.



GARY TANNENBAUM, MD
WITH LARRY MOCCIA

Vascular procedures address arterial issues like blockages, aneurysms, and venous problems such as varicose veins and leg ulcers. Over the past 20 years, treatments have shifted to minimally invasive techniques, using balloons, stents, and lasers.

Patients with diabetes, high blood pressure, or a history of smoking may experience symptoms like leg pain, skin changes, and non-healing wounds. The focus now is on medical management and lifestyle changes, with surgery reserved for severe cases.

Our Wound Center embodies this patient-first approach. Larry Moccia, a patient treated by Dr. Tannenbaum for leg wounds resulting from venous insufficiency, says, "The care I receive from my doctor and my nurses is excellent. They are true experts in their field." For vascular care referrals, call **914.965.2606** and for wound care referrals, call **914.964.4630**.

Revolutionary chronic back pain treatment now available in Yonkers

St. John's Medical Group, Interventional Spine and Pain Management center, is proud to introduce a groundbreaking procedure for chronic lower back pain – Basi Vertebral Nerve Ablation the intratect procedure. Led by Dr. Stephen Erosa, the world's #1 expert in Sprint Stimulator implants, Basi Vertebral Nerve Ablation is a procedure that targets vertebral pain caused by degenerative disk disease. Pain is localized in the back and is non-radiating or sciatic in nature and is worsened with prolonged sitting and forward bending. The intratect is currently the only procedure available to treat vertebral pain. Patients may return to normal activity 24 hours after the procedure.* Results include:

- 30% experience total
- 35% see 50-70% improvement
- 35% see moderate improvement

* All improvements are sustained at 5 years post procedure and believed to be permanent.

Contact us at **914.904.4040** or visit RiversideHealth.org



Link to a podcast about "What is Interventional Pain Medicine?" by Stephen Erosa, DO



STEPHEN EROSA, DO, WITH PATIENT

COMMUNITY EVENTS



Left to Right: Mayor Mike Spano, President of YPL Board of Trustees & President of the Foundation for YPL Nancy Maron, YPL Library Director Jesse Montero, City Council President Lakisha Collins-Bellamy, Assemblywoman MaryJane Shimsky, Amanda, Luis & Baby Grace Perez, Assemblyman Nader Sayegh, Councilmember Tasha Diaz, NY State Senate Majority Leader Andrea Stewart-Cousins, SJRH Chief Operating Officer Dr. Michael DiGiorno.

MATERNITY LITERACY / We are excited to partner with Yonkers Public Library to have launched **"Born to Read: An Early Literacy Initiative"**. Each new parent will receive a special care package with a board book, a Yonkers library card, early literacy information, and resources to support family reading.

Care packages are made possible in part by a generous gift from the Foundation for the Yonkers Public Library

UPCOMING EVENTS

MAMMOFEST / Through October, we will host our annual MAMMOFEST. Look for PINK WEEK from October 8 – 10th in our hospital lobbies. We will have games, sales and photo opportunities.



Link to sale of PINK attire

STAFF ACCOLADES



IVETTE BRANA FRED MADERA MOHD QASSIM

Congratulations to our STAR Award winners for their outstanding contributions:

- Ivette Brana, Assistant Director of Patient Access, for her exceptional leadership in Patient Access
- Fred Madera, PC Tech in the IT Department, for his enthusiasm and dedication in IT
- Mohd Qassim, RN, for his lifesaving attentiveness

Their dedication embodies the heart of our hospital community. Thank you!



PRAVIN PATEL, OWNER
SUNLIGHT PHARMACY
914.999.3199

SUPPORT OUR NEW ER!

Help us enhance the Andrus Pavilion ER by contributing to our naming rights initiative. Honor a loved one while supporting critical healthcare services. Contact Denise Mananas at Dmananas@riversidehealth.org or **914.798.8990** for details.

A special thank you to Pravin Patel, owner of Sunlight Pharmacy in Yonkers, for his generous donation to the Andrus Emergency Department renovations.



Link for More Information

St. John's Riverside Hospital Secret Garden Gala

UNLOCK THE MAGIC. UNLOCK THE SECRETS. UNLOCK THE FUTURE.

10.25.24 | 7:00pm | Glen Island Harbour Club

COMPASSIONATE CARE: MEET OUR HARTSDALE GASTROENTEROLOGISTS

St. John's Medical Group is proud to spotlight Dr. Maria Lufrano and Dr. Ashley Maranino, our dedicated gastroenterologists at the Hartsdale office. These skilled physicians bring expertise and compassion to their practice, ensuring top-notch care for our community.

Dr. Maranino emphasizes a patient-centered approach: *"I treat every patient as if they were family. Healthcare goes beyond symptoms and test results; it's about recognizing the whole person behind the diagnosis."*

Both doctors stress the importance of regular colonoscopy screenings for maintaining digestive health. *"Although colon cancer incidence is slightly higher in men, it has been shown that women typically have more right sided cancers. Right sided cancers present later with symptoms and in a more advanced stage making screening and early detection most critical in women."* said Dr. Lufrano.

To schedule an appointment with Dr. Lufrano or Dr. Maranino at our Hartsdale office, call **914.713.3228**.



ST. JOHN'S RIVERSIDE HOSPITAL WILL RECEIVE 20% FROM EVERY PURCHASE MADE THROUGH OUR ONLINE STORE. SHOP THESE QUALITY ITEMS AND GIVE BACK TO YOUR COMMUNITY.



Link to Community Strong Store

Sign up for our future newsletters, e-newsletters, news about the new flu and COVID vaccines or educational health and wellness webinars by emailing info@riversidehealth.org or link through our QR code.



Link to Sign-up for Health & Wellness Communications



Link to Social Media